#### ENDOCRINE SYSTEM **PATHOLOGY:** INTRODUCTION, THYROID, PARATHYROID & MEN **SYNDROMES** 2022

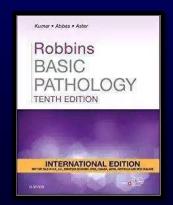
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# Lecture

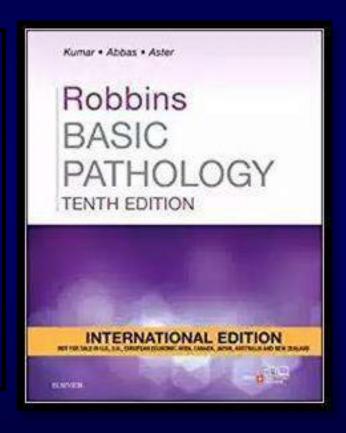
#### MY DUTIES

- 8 lectures; 50 minutes each
- Simplify
- Understand the concepts
- Help U all Understand...understand...
  understand X10...only then memorize and recall
- Answer questions & inquiries
- Respect



## YOURDUTIES

This Book is your main source of knowledge & EXAM QUESTIONS



### YOUR DUTIES

- ON TIME ATTENDANCE
- Attendance will be taken at the beginning of lecture this system.
- No entrance after the start
- Plz...plz...plz...NO CHATTING during lecture
- Understand first then memorize and recall
- Respect to the process
- NO MOBILE
- No inquiries about the nature of the exam...l will tellyou



# PLEASE DON'T ASK THESE QUESTIONS AT ALL

- How many questions on my material?
- What should we concentrate on?
- Are the slides enough?
- Should we memorize this or that?
- Is this or that required?

## REMEMBER

"Success in life is 90% hard work and 10% talent, luck and high IQ"

# "ALSO REMEMBER" IF YOU ARE LATE...YOU MAY LOSE YOUR PATINET



#### INTENDED LEARNING OBJECTIVES

- Brief review of the anatomy, physiology and biochemistry of human endocrine system.
- Clear understanding of hyper-function and hypo-function of different glands and grasp the concept of positive and negative feedback control.
- Grasp the general features and causes of hyperthyroidism and hypothyroidism.
- Recognize and understand common autoimmune thyroid diseases including Hashimoto thyroiditis.

#### ILOs...continue

- Absorb the pathology of common benign thyroid diseases including subacute granulomatous thyroiditis (de Quervain thyroiditis), subacute lymphocytic thyroiditis, and Graves disease.
- Recognize all the features of the common diffuse and multinodular goiter.
- Recognize the pathology of common thyroid neoplasms, adenomas and carcinomas and understand the concept of evaluation by fine needle aspiration for pre-management diagnosis.
- Understand the clinicopathological characteristics of parathyroid gland diseases including hyper-parathyroidism (primary and secondary) and hypo-parathyroidism.
- Understand the concept of multiple endocrine neoplasia type 1 and 2 and its pathogenesis

#### What is required for exam?

- Attending the lectures
- Lectures power point file
- Videos (u tube), 9 videos
- Two review papers:
  - Hashimoto thyroiditis
  - Epidemiology and trends in thyroid cancer

#### Videos topics & links:

#### **ENDOCRINE PATHOLOGY VIDEOS: 2022 Al-Abbadi**

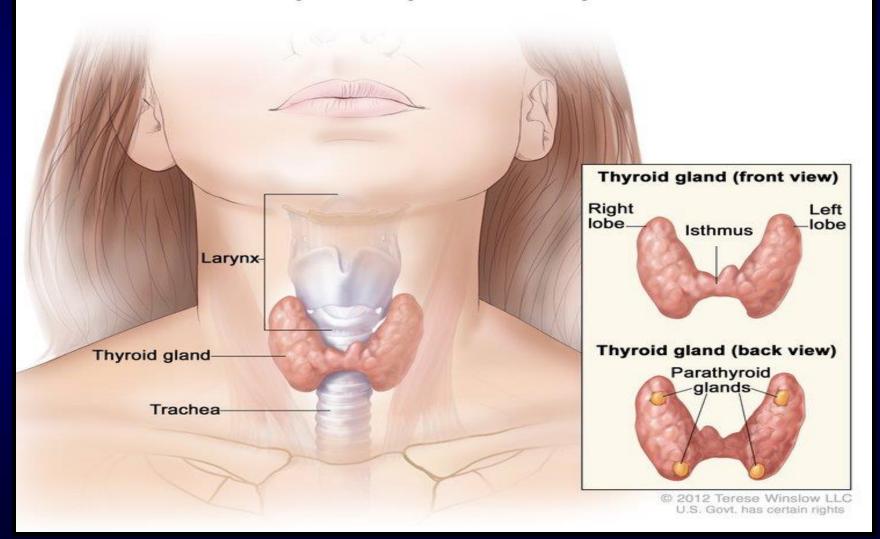
ENTITY/TOPIC	LINK
Introduction	https://www.youtube.com/watch?v=f_Z1zsR9IFM&ab_channel=KhanAcademy
Goiter	https://www.youtube.com/watch?v=x0Z64N0EEPM&ab_channel=ClaymanThyroidCancerCenter
Hyper and hypo	https://www.youtube.com/watch?v=YyHM9xQyyas&ab_channel=SimpleNursing
thyroidism	
Hashimoto	https://www.youtube.com/watch?v=fDFXJxn5mzw&ab_channel=ilovepathology
thyroiditis	
Thyroid tumors	https://www.youtube.com/watch?v=f8NILVnxQhU&ab_channel=MedLecturesMadeEasy
PTC-1	https://www.youtube.com/watch?v=uujcryXIKtM&ab_channel=Kote%27sMedicalAnimations
PTC-2	https://www.youtube.com/watch?v=I7l8wQRe0lc&ab_channel=Dr.GBhanuPrakashAnimatedMedicalVideos
Parathyroid	https://www.youtube.com/watch?v=viqLRFJha1o
MEN	https://www.youtube.com/watch?v=inzv8Qt39rA&ab_channel=Osmosis

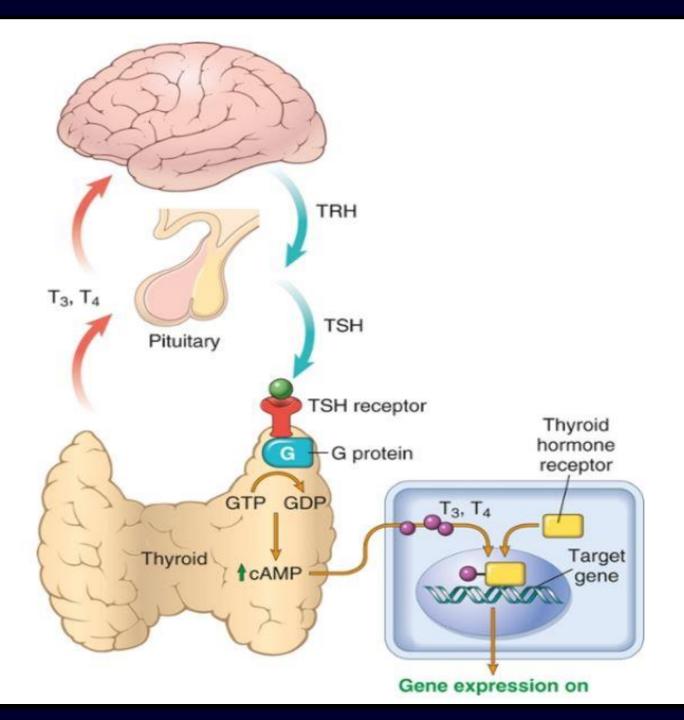
## GENERAL CONCEPTS OF ENDOCRINE SYSTEM:

- Basics of Hormone physiology
  - Cell surface receptor binding hormones (GH)
  - Intracellular receptor binding hormones (ER)
- Feedback inhibition
- Laboratory chemical testing
- Pathology:
  - 1. Hyper or hypo production
  - 2. End organ resistance
  - 3. Neoplasms (functional or non functional)

# THYROID

#### Anatomy of the Thyroid and Parathyroid Glands





# THYROID DISORDERS:

- Very common diseases
- Hypo and hyperthyroidism
- Thyroiditis (autoimmune and others)
- Enlargement (Diffuse and Multinodular Goiter MNG)
- Neoplasms

# HYPERTHROIDISM/ THYROTOXICOSIS T3&T4 with TSH (most sensitive)

#### Signs and Symptoms of Hyperthyroidism

Nervousness/Tremor

Mental Disturbances/ Imitability

Difficulty Sleeping

Bulging Eyes/Unblinking Stare/ Vision Changes

Enlarged Thyroid (Goiter)

Menstrual Irregularities/ Light Period

Frequent Bowel Movements

Warm, Moist Palms

First-Trimester Miscarriage/ Excessive Vomiting in Pregnancy Hoarseness/ Deepening of Voice

Persistent Dry or Sore Throat

Difficulty Swallowing

Palpitations/ Tachycardia

Impaired Fertility

Weight Loss or Gain

Heat Intolerance Increased Sweating

Sudden Paralysis

#### **Associated With Hyperthyroidism** Primary Diffuse toxic hyperplasia (Graves disease) Hyperfunctioning ("toxic") multinodular goiter Hyperfunctioning ("toxic") adenoma Iodine-induced hyperthyroidism Secondary TSH-secreting pituitary adenoma (rare)\* (High TSH) Not Associated With Hyperthyroidism Granulomatous (de Quervain) thyroiditis (painful) Subacute lymphocytic thyroiditis (painless) Struma ovarii (ovarian teratoma with thyroid) Factitious thyrotoxicosis (exogenous thyroxine intake)

